

St. Peter's

May 2015 Lunch Menu

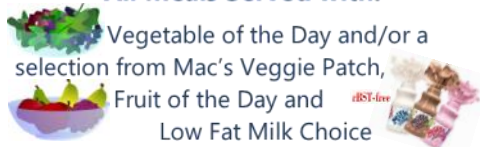
Healthy Meals Grow Healthy Kids!


Mac's Nutrition News:

Enjoy the nice spring weather and celebrate **National BBQ Month** with your friends and family!

Try a variety of **Grilled Fruits and Vegetables** such as Corn, Zucchini, Bell Peppers, Eggplant, Portobello Mushrooms, Peaches, Pineapples, Apples, and more!

All Meals Served with:



Vegetable of the Day and/or a selection from Mac's Veggie Patch,
Fruit of the Day and 
Low Fat Milk Choice

Student Lunch \$3.00

Reduced Lunch \$0.40

Adult Lunch \$3.50

Maschio's Swap Outs

Monday: Grilled Chicken Caesar Salad Wrap
Tuesday: Chef Salad w/ Dinner Roll
Wednesday: Turkey, Ham & Cheese Sandwich
Thursday: Crispy Chicken Salad w/ Dinner Roll
Friday: Tuna Salad Sandwich

Swap Outs' Available Daily

Yogurt Bag
Bagel Bag
Cereal Bag

Mac's Veggie Patch

Carrot Sticks,

Featured Salads, Bean Salad,

or Veggie Dippers

Available Daily



Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns?
Please Visit www.MaschioFood.com
Or
Call Maschio's Food Services at
(973)759-3143



MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Look for  New Items  throughout the month!</p> <p> Find us on Facebook: Maschio's Food Services, Inc.</p>	<p> Celebrate World Food Week! May 18th-22nd</p>			<p>1 No Lunch</p>
<p>4 Popcorn Chicken Breaded Green Beans Carrot Coins Fresh or Chilled Fruit</p>	<p>5 Cinco de Mayo  Nacho Platter with Taco Meat, Shredded Cheese, Lettuce, Tomatoes, & Salsa Fiesta Corn Fresh or Chilled Fruit</p>	<p>6 Turkey Club Sandwich with Turkey Bacon, Lettuce & Tomatoes Smile Fries Frozen 100% Juice Sorbet</p>	<p>7 French Toast Sticks Turkey Sausage Hashbrown Fresh or Chilled Fruit</p>	<p>8 Field Day</p>
<p>11 Breaded Chicken Sandwich Mixed Vegetable Medley Fresh or Chilled Fruit</p>	<p>12 Meatball Parm Sub Green Beans Peach Crisp</p>	<p>13 Lucky Tray Day   Crispy Chicken Salad with Romaine Lettuce, Cucumbers, Tomatoes, & Shredded Carrots Pretzel Stick Fresh or Chilled Fruit</p>	<p>14 Breakfast for Lunch Egg & Cheese on a Bun Maple Cinnamon Sweet Potato Tots Fresh or Chilled Fruit National Egg Month</p>	<p>15 No Lunch</p>
<p>18  Greece  Chicken Gyro Pita with Cucumber Sauce, Lettuce, & Tomatoes Baked Fries Fresh or Chilled Fruit</p>	<p>19  Mexico Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, & Salsa Steamed Rice Corn Fresh or Chilled Fruit</p>	<p>20  USA All American Cheeseburger on a Bun with Lettuce & Tomatoes Smile Fries Fresh or Chilled Fruit</p>	<p>21  Japan Chicken Teriyaki with Broccoli Steamed Rice Fresh or Chilled Fruit</p>	<p>22  Italy No School</p>
<p>25  Memorial Day School Closed</p>	<p>26 Mini Pancakes Turkey Sausage Hashbrown Fresh or Chilled Fruit</p>	<p>27 Mini Cheese Ravioli with Marinara Sauce Warm Breadstick Green Beans Fresh or Chilled Fruit</p>	<p>28 BBQ Chicken Dinner Roll Creamy Coleslaw Baked Beans Peach Crisp National BBQ Month</p>	<p>29 Pizzeria Pizza Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit</p>

MENU SUBJECT TO CHANGE



Maschio's Food Services, Inc.

"This institution is an equal opportunity provider"